

Cane and Able Promotes Stroke Awareness Month

40-year-old Stroke Recovery Group Launches One Minute Stroke Info Video Series

Troy, Michigan (May 20, 2022)

May is Stroke Awareness Month in the United States. Every year 800,000 individuals suffer from a stroke and one in twenty strokes are fatal.

To help raise awareness of strokes the Cane and Able Stroke Recovery Group has launched a new video series entitled “One Minute Stroke Info.” Some of the initial topics include “What is an Ischemic Stroke?”, “What is a Hemorrhagic Stroke?”, and “What is a Transient Ischemic Attack?”

Future videos will cover topics including stroke symptoms; deficits, such as aphasia and dysarthria; potential causes, such as atrial fibrillation and sleep apnea; and much more. As the series title suggests, each video is about a minute in length – just enough time to introduce the subject or answer a question. Additional resources are available on the group’s website, www.CaneAndAble.org.

The Cane and Able Stroke Recovery Group is one of the oldest and largest stroke clubs in the State of Michigan, and in the United States. Established January 14, 1982, our focus as a non-profit stroke recovery group has remained the same: provide support and encouragement, provide education about stroke and stroke recovery, provide education about non-stroke related issues, and provide a source of recreation and community re-entry

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For more information, contact Cane and Able Stroke Recovery Group at (248) 964-4222 or via our website at www.CaneAndAble.org.